

Follow up Pregnancy Protocol for Young People

Background

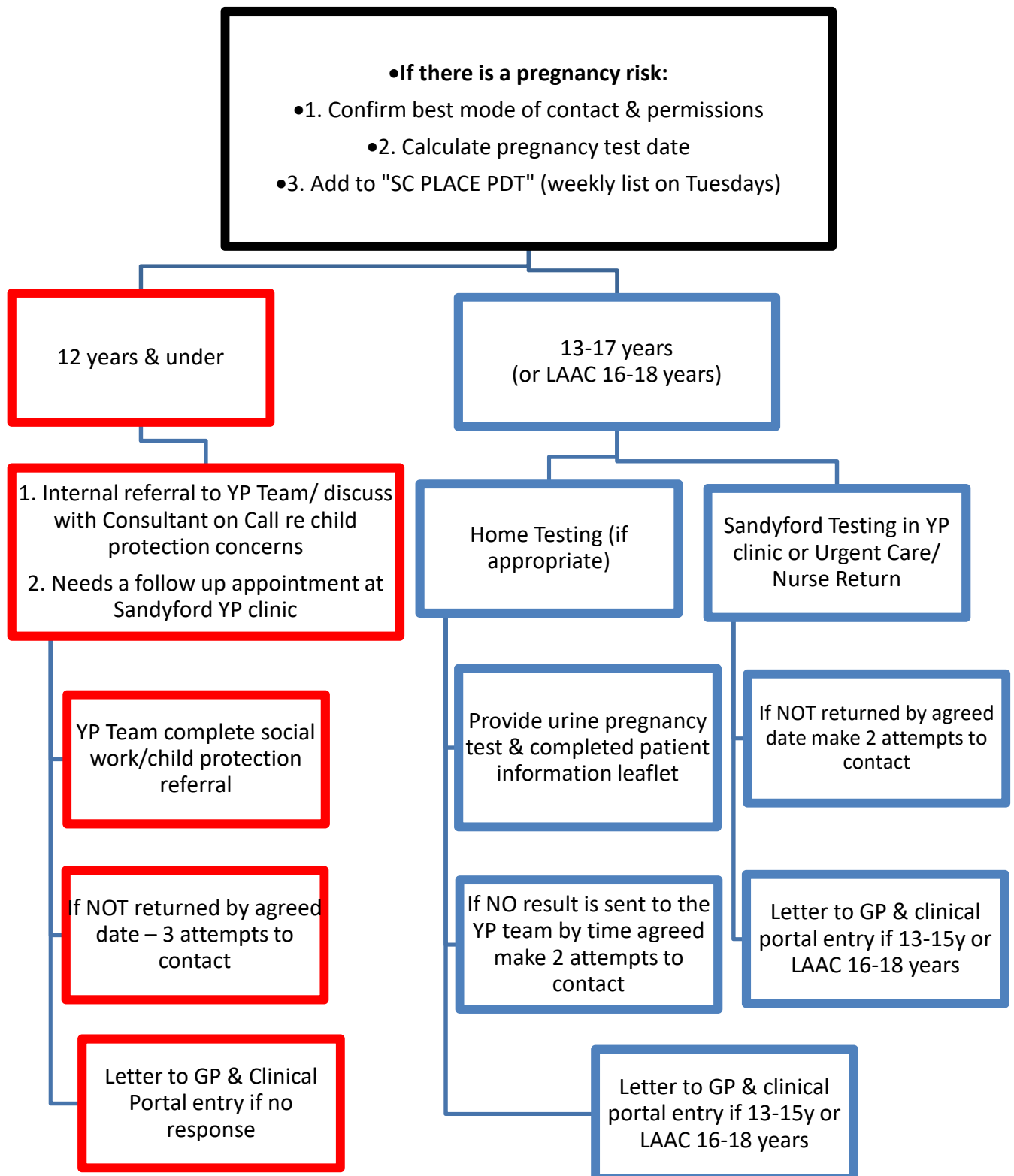
This protocol applies to any young person who needs a follow up pregnancy test, for example if they have attended for oral emergency contraception and/or quick starting contraception.

If young people need a repeat pregnancy test within the three week window of risk, they must be told during the consultation that they will be followed up by the Young Persons' team to check the results.

If they do not attend the service or contact the Young Persons' team, as agreed, then a letter will be sent to the GP and a note will be added to Clinical Portal to notify health staff that a pregnancy test was outstanding on that date.

Please see below flowchart, with accompanying supporting notes.

Follow up pregnancy testing for young people - flowchart



Supporting Notes

- ≤12 years old:

Social work team will need to be informed of attendance, as the client cannot legally consent to sex and must be considered to have child protection concerns. The young person should be informed of the process during the consultation and encouraged to stay engaged with the service.

Date for return visit for repeat pregnancy test should be agreed with the client.

Mode of contact should be confirmed, and permissions completed.

A NaSH internal referral into the YP team should then be sent, or if there are immediate concerns Dr Speedie or the on call Consultant should be contacted for advice. A social work referral will be made by the Consultant or the YP team.

If the client does not return, as agreed, then 3 attempts at contact will be made.

Thereafter, the GP will be notified by letter that a repeat pregnancy test is outstanding and a clinical note added to Clinical Portal stating the same

(e.g. *PREGNANCY TEST OUTSTANDING. Please perform pregnancy test if patient attends your service. A social work referral has been made. Sandyford Sexual Health Young People's Team 0141 211 8613*).

- 13-15 year olds who are returning for follow up:

Date for return visit for repeat pregnancy test should be agreed with the patient and an appointment booked within the YP clinic or Urgent Care.

The young person should be added to "SC Place PDT" for that week. The Young Peoples' team will then action this.

Mode of contact should be confirmed and permissions completed.

If the client does not return, as agreed, then 2 attempts at contact will be made.

Thereafter, the GP will be notified by letter that a repeat pregnancy test is outstanding and a clinical note added to clinical portal stating the same

(e.g. *PREGNANCY TEST OUTSTANDING. Please perform pregnancy test if they attend your service. Sandyford Sexual Health Young People's Team 0141 2118613*).

- 13-15 year olds who are doing a home pregnancy test

It is only appropriate to supply this if the young person has no vulnerabilities that we need to see them back for imminently, and you feel that the young person will manage to complete the test independently.

When supplying the PT please also give a patient information sheet.

Date for repeat pregnancy test should be documented in NaSH.

The young person should be added to “SC Place PDT” for that week. The Young Peoples’ team will then action this.

Mode of contact should be confirmed and permissions completed.

If the patient does not contact the Young Persons’ team, then 2 attempts at contact will be made.

Thereafter, the GP will be notified by letter that a repeat pregnancy test is outstanding and a clinical note added to clinical portal stating the same

(e.g. *PREGNANCY TEST OUTSTANDING. Please perform pregnancy test if they attend your service. Sandyford Sexual Health Young People’s Team 0141 2118613*).

- 16 -17 year olds

Date for return visit for repeat pregnancy test should be agreed with the patient OR a home PDT and instruction sheet should be provided.

No formal follow up will be arranged for 16-17 year olds who have no other vulnerabilities, so they do not need to be routinely added to the SC Place PDT list.

- 16-17 year olds LAAC

Date for return visit for repeat pregnancy test should be agreed with the patient OR a home PDT and instruction sheet should be provided.

The young person should be added to “SC Place PDT” for that week. The young people’s team will then action this.

Mode of contact should be confirmed and permissions completed.

If the client does not return or contact us, as agreed, then 2 attempts at contact will be made.

Thereafter, the GP will be notified by letter that a repeat pregnancy test is outstanding and a clinical note added to clinical portal stating the same

(e.g. *PREGNANCY TEST OUTSTANDING. Please perform pregnancy test if they attend your service. Sandyford Sexual Health Young People’s Team 0141 2118613*).

Home Pregnancy Kest Kits

If it is deemed appropriate, a pregnancy test can be given to the client to carry out at home.

The appropriate information sheet titled 'Home Pregnancy Test' should be supplied along with the test. Pre-made packs should be found at every Sandyford location which will be a sample plastic bag containing a pregnancy test and this patient information leaflet. Alternatively, please provide an Alere pregnancy test and the 'Home Pregnancy Test' leaflet which can be found to print in the Young Persons' folder in public folders.

Please complete the information sheet by documenting the date that the test is required on and the client's NaSH number.

The client should then be supplied with the test and information sheet and advised how to carry out the pregnancy test.

Once the client has completed the test at home, they should email, text or phone the YP team with their NaSH number and the result of the test.

Contact details:

Text or phone the Team Mobile on: 07483 941 191

Phone our office: 0141 211 8613

Email: sandyford.ypteam@ggc.scot.nhs.uk

Once the patient contacts the YP team, with the necessary information, they will be removed from the virtual diary.

If the patient does not get in touch, as agreed, then 2-3 attempts (dependant on age) at contact will be made.

If there is no contact by the client, a letter will be sent to the GP and a note added to Clinical Portal.

Positive Test

For those that may receive a positive pregnancy test there will be advice on who they contact depending on whether they wish to access maternity or TOPAR services.

Maternity Services – via GP www.nhsinform.scot/ready-steady-baby

Abortion Services – TOPAR www.sandyford.org/emergencies/abortion-services/

Young people can also be booked into SC Place Specialist if there are any concerns raised during the consultation that may require further discussion.

References

Contraceptive Choices for Young People. FSRH Clinical Guideline. March 2010, amended May 2019

Available from: www.fsrh.org/standards-and-guidance/documents/cec-ceu-guidance-young-people-mar-2010/ [accessed 24 Dec 2019]

Youth Priority Services. Sandyford CEG Protocol. January 2024.

GP Follow-up Letter

Dear Dr

The above patient recently attended our service. During the consultation, a pregnancy risk was identified. As a result of this, the patient was requested to return to see us for a repeat pregnancy test/ given a home pregnancy test to do.

Despite several attempts by our Young Persons team to contact your patient, they have not returned. As they are a young person, our protocol is to follow this up by informing an alternative health service that a pregnancy test is outstanding. If the patient attends your practice we would be grateful if you could perform a pregnancy test if this has not already been done/ she is sure that she is not pregnant.

Please do not hesitate to contact our team should you require any further information.

Many thanks for your assistance.

Sandyford Young Persons team

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