

TERMINATION OF PREGNANCY & PREGNANCY ISSUES

KEY CHANGES

- Clients will be appointed to a face to face clinic appointment upon referral to TOPAR (both self and HCP referral).
- Patients under 12 weeks gestation will be offered the choice of home or in patient setting for medical termination of pregnancy if eligible
- Standard Operating Procedure applies – available in TOPAR office and within the shared drive.
- Referrals continue to be accepted from patients / GP / internally
- Surgical termination has very limited availability (although MVA available for management of retained products / miscarriage)
- Pre and post termination support can also be provided by SCASS coordinated via the TOPAR administration team.

Performing a Pregnancy Test

Good practice in offering pregnancy testing includes:

- Record reasons for pregnancy test, LMP, menstrual cycle, medication, contraception, symptoms of pregnancy and previous pregnancies.
- Ensure client is aware that test will may not be positive 21 days after unprotected sex.
- Perform the pregnancy test according to the manufacturer's instructions and document batch number and expiry date in NASH record.
- Communicate the result confidentially; respecting the their feelings and giving appropriate information on the options available to her.

Handling Results Of A Pregnancy Test

If result is negative: Advise a repeat test on an early morning urine sample where uncertainty remains. Assess on-going risk and earliest date for a repeat test following unprotected sex. Discuss ongoing contraceptive needs.

If client is happy with a positive result: give literature and information on health in pregnancy. Discuss and offer information on folic acid and vitamin D supplements, smoking cessation, alcohol consumption, drugs, toxoplasmosis, listeria, rubella status and BBV screen as appropriate.

Self-Referring to Maternity Services

- Online: <https://www.badgernotes.net/SelfReferral/CareLocation/ggcspa>
OR
- Call the Maternity Booking Line on [0141 347 8422](tel:01413478422)

They will be given a booking appointment and scan slot.

A SCI Gateway information request is then sent to the GP with details of the two appointments, asking for the information to be provided in advance of the booking appointment. Exceptions to the new booking system include if the GP considers that a patient needs to be seen very early or should be seen first by an obstetrician, the usual SCI referral can be followed. Offer written confirmation of the test for the client to take to her GP if needed.

Further information: [Meet Your Midwife - NHSGGC](#)

If unhappy/unsure with a positive result: Give basic information on options. Some will wish time to consider options, or may wish to discuss further with their partner/family/friends or general practitioner. Some clients will be certain that they wish to be referred for abortion.

Give clients the following links via SMS on NASH:

[Abortion | NHS inform](#)

[Home | Contraception Choices](#)

Offer an appointment with TOPAR (Termination of Pregnancy Assessment and Referral) by referring or self referral on 0141 211 8620

TOPAR Service at Sandyford

Sandyford TOPAR provides terminations for residents of GGC, Highland - Argyll & Bute.

Clients resident outside of GGC or Highland – Argyll and Bute should be redirected to their local services – [Accessing an abortion | NHS inform](#)

TOPAR Appointments are available Monday to Friday in Sandyford Central, at a range of times. Clients can make an appointment with TOPAR directly on 0141 211 8620.

Pre and post termination support can also be provided by SCASS coordinated via the TOPAR administration team.

Clients who present to Sandyford and request an abortion consultation may be triaged by the floor nurse. Appointments can be booked directly with TOPAR administration team or

self referred 0141 211 8620. If you have any questions link with the TOPAR Doctor of the Day.

The TOPAR service has direct admission arrangements for inpatient medical terminations at the Queen Elizabeth University Hospital (Glasgow) and the Royal Alexandra Hospital (Paisley) for those who choose this option or for those who are 12-20 weeks gestation on ultrasound.

Following Covid pandemic there is a limited surgical termination service.

Early Medical Abortion at Home (EMAH) is an option available to women with pregnancy gestation less than 12 weeks if assessed as suitable – a medication pack is supplied with full instructions and a helpline number. Medication includes mifepristone, misoprostol, analgesia and anti-emetic medications. They are provided with a low sensitivity pregnancy test to perform 3 weeks after the abortion or on the morning of a post abortion IUD clinic appointment. The pack can be collected from Sandyford Central by the patient. Delivery may be possible by pre-arrangement.

Termination of pregnancy on psychosocial grounds (ground C or D of 1967 Abortion Act) is available in the GGC area up to 20 weeks gestation. If there is concern that the client is approaching this gestation, liaise with TOPAR staff, to ensure a timely assessment appointment.

TOPAR staff can be contacted in the TOPAR office on 0141 211 8620, if you are uncertain how best to proceed.

Clients Who are 20 – 24 weeks Pregnant

Clients who are 20 weeks to 23 weeks gestation and who meet the criteria of the Abortion Act will require to access BPAS (British Pregnancy Advisory Service) if they wish a termination. Clients referred to BPAS will currently have a telephone assessment with BPAS prior to travel to a unit in England for termination. Clients can self-refer via the BPAS action line number below and can be advised that the cost of their care and travel costs will usually be met by NHSGGC

If you are uncertain about gestation, liaise directly with TOPAR staff, who will arrange to see the client in a timely manner to confirm.

BPAS (British Pregnancy Advisory Service)

All appointments made through action line: 03457 30 40 30 (24/7 service, included as “free” minutes with all mobile telephone providers or email info@bpas.org)