

Support for Vulnerable Adults who Need Extra Support with Relationships and Sexual Health (R&SH) Briefing

Who is this pathway for?

We have developed this briefing to support you to access the best placed team for your Vulnerable Adult Clients depending on their needs. Following the referral pathway will ensure they receive the most appropriate support in a timely manner.

If your patient does not fall into one of these groups or is able to make their own appointment they should be directed to www.sandyford.scot.

Key groups who may need extra support include:



* Health Visiting
Family Nurse Partnership
Social Work

The referral pathway

Relationships and Sexual Health (R&SH) is a wide agenda. Some Vulnerable Adult Clients are best seen by a local pharmacist or GP. Some will need to see specialist sexual health clinicians. Others may need a resource to view to update their knowledge. R&SH work can also include building staff capacity within your organisation.

Support for Vulnerable Adults who Need Extra Support with Relationships and Sexual Health (R&SH) *Referral Pathway*

Non-clinical issues

Contact the Sexual Health Improvement Team

The Sandyford Sexual Health Improvement team can offer support to organisations (not individual patients) with non-clinical issues such as:

- Building capacity of staff (developing knowledge and confidence of staff to discuss sexual health)
- Sign posting to resources on Relationships and Sexual Health (R&SH)
- Supplying condoms via the Free Condoms Service

Clinical issues

Conditions for local pharmacist or GP

Conditions that the local pharmacy can help with in the first instance:

- Thrush/BV
- Free condoms
- Urinary tract infections

Conditions that should be referred to the GP in the first instance:

- Routine contraception (pills and jag)
- Genital warts
- Breast problems
- Fertility
- Ultra sound scanning
- Circumcision/urethral strictures
- Urinary and bowel problems
- Genital symptoms – present for over 6 months
- Counselling (currently 3 year waiting list at Sandyford)
- Physical trauma related to sexual assault or FGM
- Diagnosis of FGM/Confirmation of FGM
- Erectile dysfunction

Conditions best seen by Inclusion & Outreach team

Any adult over 18 with an ongoing Sexual or Reproductive Health need who falls into one of the Key Support Groups (see diagram on previous page) can be referred to the Sandyford Inclusion & Outreach Team:

- Symptoms suggestive of an STI and present for less than 6 months (vaginal, penile or rectal discharge, pelvic or testicular pain)
- STI testing – for example chlamydia and gonorrhoea
- Implant and coil fittings

The Inclusion & Outreach team provide sexual health-related clinical care from Sandyford Central and Hunter Street as well as various Outreach locations.

These services are available to anyone who requires extra support to be able to access specialised clinical care within Sexual Health services in Greater Glasgow and Clyde. We aim to support patients to be able to easily make appointments.

Support for Vulnerable Adults who Need Extra Support with Relationships and Sexual Health (R&SH) *How to Refer*

Once you have determined the appropriate team for your patient/enquiry, please use the contact methods below:

How to contact the Sandyford Health Improvement team

Please email: HealthImprovementSH@ggc.scot.nhs.uk

How to refer to the Sandyford Inclusion & Outreach Team

To make things as easy as possible we are working on the development of an online referral form. This will be available shortly.

In the meantime, please download the referral form document from our [website](#), and send completed forms to:

ggc.sandyfordmedicalsecretary@ggc.scot.nhs.uk

Alternatively, **SCI Gateway referrals** are accepted. Please include the appropriate information from the form in your referral.

Please remember to check Sandyford's website for the most up to date information: [Sandyford | Vulnerable Adults Inclusion & Outreach](#)