## MSM Masterclass

## **Refection sheet 1**

To be completed <u>before</u> the Masterclass event. Take some time.

This is confidential. You complete this sheet and keep it. You might choose to use it for further reflection in professional supervision.

Rate each of these areas in the grid in terms of your work or your consideration of work with gay, bisexual and MSM. Use this scale:

- **6**: Excellent
- 5: Very good major strengths
- 4: Good, important strengths with areas for improvement
- 3: Adequate, strengths just outweigh weaknesses
- 2: Weak, important weaknesses
- 1: Unsatisfactory, major weaknesses

	6	5	4	3	2	1
My professional experience to date						
My confidence						
My skills						
My knowledge of gay/bi/MSM sexual behaviour						
My familiarity with the language I need						
My understanding of discrimination or stigma						
My level of comfort						
My interest in working with gay/bi/MSM						

When I see myself working with gay, bisexual or MSM I identify my strengths as follows:

When I see myself working with gay, bisexual or MSM I identify my gaps or needs as follows:

When I think about my own personal experience, political beliefs or faith/religious beliefs I recognise that these can affect my practice with gay, bisexual or MSM in the following ways: