

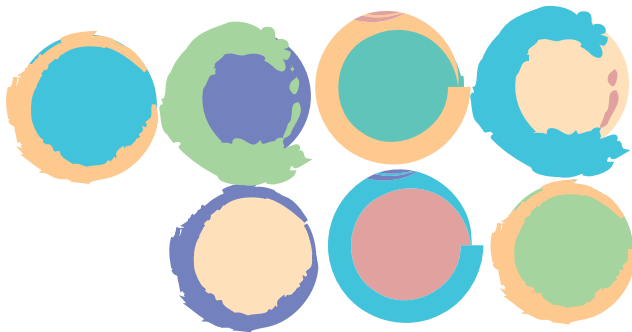
# Chlamydia

For people who have Chlamydia, their  
partners and for those prescribing treatment

Please give this leaflet to anyone diagnosed  
with Chlamydia

## SANDYFORD

caring about sexual, reproductive and emotional health



[www.sandyford.org](http://www.sandyford.org)

Telephone 0141 211 8130



## Advice if you have Chlamydia

Your doctor or nurse has told you that you have Chlamydia. This is a common infection. It is sexually transmitted and some people do not have any symptoms.

If Chlamydia is not treated, it can cause long-term health problems such as pain and infertility although this is now thought less likely if you have no symptoms.

**It is important to prevent further infection. Simply follow these instructions:**

- Ensure your infection is treated correctly by a doctor or a nurse
- Any current sexual partner you have is also treated, before you or they have sexual activity again
- You do not have any sexual contact until 7 days after treatment is finished
- You should tell any sexual partners that you have had in the last 6 months or last 4 weeks if you are male and have Urethral (water pipe) symptoms, that they should get tested
- You take the prescribed treatment as recommended by your doctor or nurse
- If you have any problems, for example if you are sick immediately after taking the treatment you should contact your doctor or nurse

**Remember – new partner – new test!**

**Further information and advice is available from:**

**Sexual Health Advisers  
Sandyford 2-6 Sandyford Place  
Glasgow  
G3 7NB**

**Tel: 0141 211 8634**



## Advice if your partner has Chlamydia

Your current or recent sexual partner has given you this leaflet as they have been found to **have a sexually transmitted infection called Chlamydia.**

Some people with **Chlamydia** have no symptoms but **Chlamydia** can have serious complications. Although now thought less likely if you have no symptoms.

**You should also be tested and treated for Chlamydia.**

**If your test is positive, you will also need to contact anyone you have had sexual contact with in the last 6 months or last 4 weeks if you are a male and have urethral (water pipe) symptoms.**

**It is important to prevent further infection that you have no sexual contact until 7 days after treatment is finished.**

Please take this leaflet to either your GP or to a Sandyford Service (details at [www.sandyford.org](http://www.sandyford.org))  
**or Tel: 0141 211 8130**



## Information for Health Care Professionals

Your patient has been given this leaflet by their sexual partner who has been found to be **Chlamydia** positive.

Your patient should ideally be **tested** for **Chlamydia**, which if positive would indicate the need for further contact tracing. However, **do not wait for the result before prescribing treatment** unless the likelihood of a positive result is thought to be very low.

The recommended treatment is  
Azithromycin 1g stat dose.

Please advise your patient:

- **No sexual contact until 7 days after treatment is finished**
- To contact you if they experience vomiting or diarrhoea that may reduce drug absorption.

Please call the Sandyford Shared Care Helpline for further information or advice on

**Tel: 0141 211 8639**

Please give your sexual partner(s) this leaflet and ask them to take it either to their GP or to a local Sandyford clinic (details at [www.sandyford.org](http://www.sandyford.org) or **Tel: 0141 211 8130**) to ensure that they are tested for **Chlamydia**.

**It is important not to have sexual contact with them until any infection that they might have is cleared.**

To avoid getting this infection in the future, always use condoms with a new partner. Using a condom can help protect you from Sexually Transmitted Infections.

You can get free condoms from over 200 pick up points including any Sandyford service.

Find out where at  
[www.freecondomsglasgowandclyde.org](http://www.freecondomsglasgowandclyde.org)  
or **Tel: 0141 211 3993**

## For Use of Clinic / Surgery Treating the Sexual Contact

Please complete and return to issuing GP / Clinician

Date of Completion: \_\_\_\_\_

Action taken: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Reference / ID for your patient:

\_\_\_\_\_

Your details: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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## **Other information leaflets available in this series.**

Testing for Chlamydia and Gonorrhoea.

Information for people who have tested positive for Gonorrhoea, their sexual partners and health care professionals.

**If you would like this document in another language, large print, Braille or audio format, please contact Sandyford Library and Information Service**



**0141 211 6717**

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